



"The staff of the Centre Street Food Pantry treats everyone at their well-organized food pantry with warmth and respect."

*Riverside Community Care*

## SHOPPING FOR FOOD

Residents of Newton, Brookline, Needham, Brighton, Waltham, Watertown and Wellesley who meet the USDA income guidelines or receive other assistance are welcome to shop once per month and need only present a brief application attesting to their need. Our referral application is available at the pantry or [www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)

Our address is 11 Homer Street, Newton Centre, at the corner of Homer and Centre Streets. Our entrance is on Furber Lane, inside the Trinity Church building. The #52 MBTA bus stops nearby and we are a few blocks from the Newton Centre T stop. We are open every Tuesday from 4-7pm and the first Saturday of each month from 11am-1pm.



## YOU CAN HELP BY:

- Donating or collecting food
- Raising or donating funds
- Volunteering
- Following us on  Instagram,  Facebook,  Twitter
- Subscribing to our newsletter
- Helping to source needed items

We are also seeking grant monies, outreach opportunities and corporate partners. Let us know if you have any ideas! The Centre Street Food Pantry is an independent non-profit 501 (c) 3 and a member of The Greater Boston Food Bank.

[info@centrestfoodpantry.org](mailto:info@centrestfoodpantry.org)

## FOODS YOU CAN DONATE

- **Milks:** Shelf-stable varieties of milk (dairy, almond, soy, rice)
- **Fruits:** Canned in 100% juice, dried, fresh
- **Coffee and Tea**
- **Peanut Butter and Jelly**
- **Canned Meat and Fish:** Tuna, salmon, sardines, chicken, ham,
- **Grains:** Low-sugar breakfast cereals, brown and white rice, pasta, quinoa, oatmeal
- **Vegetables:** Canned (low-sodium), fresh
- **Beans:** Canned (low-sodium), dried
- **Snacks:** Granola bars, crackers, unsweetened applesauce, dried fruits, nuts
- **Baby Products:** Diapers, wipes, formula, infant foods
- **Hygiene Items:** Toothbrushes and paste, soap, shaving items, shampoo, sunscreen, tampons, pads
- **Paper Products and Household Items:** Toilet paper, paper towels, napkins, foil, plastic wrap, vinegar, dish soap, sponges, laundry detergent

**Please note:** We cannot accept open or expired items, dented cans, candy or sugary beverages  
Items can be dropped off during open pantry hours, large donations by appointment. E-mail us at [info@centrestfoodpantry.org](mailto:info@centrestfoodpantry.org)  
Donations can be made payable to Centre Street Food Pantry or through  on our website

[www.centrestfoodpantry.org](http://www.centrestfoodpantry.org)

## IS THERE A NEED?

Yes.

The number of families in our community experiencing a shortage of food is alarming. A well-run food pantry is a sustainable way in which to provide a few days worth of groceries which can take some pressure off of these overburdened, hard-working parents with depleted resources.

*Riverside Community Care*

Hunger is no longer just a problem facing those in poverty. A recent study shows that 47% of those at risk for hunger in eastern Massachusetts earn too much to be eligible for government-provided emergency food assistance. Many never dreamed they would need a food pantry or community meal program to feed themselves and their families.

*The Greater Boston Food Bank*

Our mission is to provide families within our community with consistent access to nutritious food in a dignified and sensitive environment. Over 50 families shop each time we are open and more than 10 new families come to us each month. Our shoppers are primarily from Newton and span all ages and situations.

### WE OFFER OUR DEEP GRATITUDE TO OUR ON-GOING PARTNERS:

Blacker's Bake Shop  
Boston Area Gleaners  
College H.U.N.K.S. Moving/Hauling-Norwood  
Greater Boston Food Bank  
Hatfield Design  
Lovin' Spoonfuls  
Panera Bread

Plus all of our generous donors and volunteers



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Newton Centre, MA 02459  
617-340-9554  
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**HOURS**  
Every Tuesday 4-7pm  
1st Saturdays 11am-1pm