

The Episcopal Parish of Saint Paul

Newton Highlands, Massachusetts

Second Sunday in Lent

Holy Eucharist

March 16, 2025 at 10:30am



From wherever you have come, with whatever you bring, you are welcome here.

THE SECOND SUNDAY IN LENT (YEAR C)

Holy Eucharist with Joyful Noise

Prelude

Musicians

Entrance Rites / BCP p. 351

Gathering Hymn

Please rise as you are comfortable

The Hymnal 1982, #590 – O Jesus Christ, May Grateful Hymns Be Rising



1 O Je - sus Christ, may grate - ful hymns be ris - ing, _____
2 Grant us new cour - age, sac - ri - fi - cial, hum - ble, _____
3 Show us your Spi - rit, brood - ing o'er each ci - ty, _____



in ev - ery ci - ty for your love and care; _____
strong in your strength to ven - ture and to dare; _____
as you once wept a - bove Je - ru - sa - lem, _____



in - spire our wor - ship, grant the glad sur - pris - ing _____
to lift the fall - en, guide the feet that stum - ble, _____
seek - ing to gath - er all in love and pi - ty, _____



that your blest Spi - rit rous - es ev - ery - where.
seek out the lone - ly and God's mer - cy share.
and heal - ing those who touch your gar - ment's hem.

Section: Christian Responsibility Title: O Jesus Christ, may grateful hymns be rising Meter: 11 10. 11 10 Words: Bradford Gray Webster (1898-1991), alt. Music: *Charterhouse*, David Evans (1874-1948) Copyright: Words: Copyright © 1954, Renewal 1982 by The Hymn Society (admin. Hope Publishing Co., Carol Stream, IL. 60188). All rights reserved. Used by permission. Music: By permission of Oxford University Press.

Opening Acclamation

Presider Blessed be the God of our salvation.

People **Who bears our burdens and forgives our sins.**

The Decalogue / *BCP* p. 350 (*Please rise or kneel as you are comfortable*)

Presider Hear the commandments of God to God's people:
I am the Holy One your God who brought you out of bondage.
You shall have no other gods but me.

People **Amen. God have mercy.**

Presider You shall not make for yourself any idol.

People **Amen. God have mercy.**

Presider You shall not invoke with malice the name of the Holy One
your God.

People **Amen. God have mercy.**

Presider Remember the Sabbath day and keep it holy.

People **Amen. God have mercy.**

Presider Honor your parents.

People **Amen. God have mercy.**

Presider You shall not commit murder.

People **Amen. God have mercy.**

Presider You shall not commit adultery.

People **Amen. God have mercy.**

Presider You shall not steal.

People **Amen. God have mercy.**

Presider You shall not be a false witness.

People **Amen. God have mercy.**

Presider You shall not covet anything that belongs to your neighbor.

People **Amen. God have mercy.**

Presider Jesus said, "The first commandment is this...."

If we say that we have no sin, we deceive ourselves....

Since we have a great high priest....

Confession of Sin and Absolution

Presider and People

O God, we bring you our failure, our hunger, our disappointment, our despair, our greed, our arrogance, and our fear. We have not loved you with our whole hearts. We have not truly loved our neighbors as ourselves. We are sorry, we are humbled, and we pray that you will strengthen us with your grace. We turn to you, O God. We renounce evil, we claim love, we choose to be made whole. Forgive us and renew us now.

(a long period of silence will be kept)

Presider Almighty God, have mercy on you, forgive your every sin through our Savior Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

Sing three times

Ho - ly God, — Ho - ly and Might - y,

Ho - ly Im - mor - tal One, have mer - cy up - on us.

From *Enriching Our Worship* 1 #155

Setting: *Missa Oecumenica*, from the *Trinitatis Choral Review*, arr. Richard Proulx,
after Alexander Archangelsky (1846–1924), © 1999 Oregon Catholic Press.

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Collect of the Day

Presider God be with you.

People **And also with you.**

Presider Together let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. *Amen.*

THE WORD OF GOD

Please be seated

The First Reading – Scriptures of Israel *Genesis 15:1-12,17-18*

The word of God came to Abram in a vision, “Do not be afraid, Abram, I am your shield; your reward shall be very great.” But Abram said, “O my God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?” And Abram said, “You have given me no offspring, and so a slave born in my house is to be my heir.” But the word of God came to him, “This man shall not be your heir; no one but your very own issue shall be your heir.” God brought Abram outside and said, “Look toward heaven and count the stars, if you are able to count them.” Then God said to Abram, “So shall your descendants be.” And Abram believed God; and God reckoned it to him as righteousness.

Then God said to Abram, “I am your God who brought you from Ur of the Chaldeans, to give you this land to possess.” But Abram said, “O my God, how am I to know that I shall possess it?” God said to him, “Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtledove, and a young pigeon.” He brought him all

these and cut them in two, laying each half over against the other; but he did not cut the birds in two. And when birds of prey came down on the carcasses, Abram drove them away.

As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him.

When the sun had gone down and it was dark, a smoking fire pot and a flaming torch passed between these pieces. On that day God made a covenant with Abram, saying, “To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates.”

Lector Hear what the Spirit is saying to God’s people.

People **Thanks be to God.**

The Psalm (*said responsively by whole verse*)

Psalm 27

God is my light and my salvation;
whom then shall I fear?
God is the strength of my life;
of whom then shall I be afraid?

When evildoers came upon me to eat up my flesh,
it was they, my foes and my adversaries, who stumbled and fell.

Though an army should encamp against me,
yet my heart shall not be afraid;

And though war should rise up against me,
yet will I put my trust in God.

One thing have I asked of you, O God;
one thing I seek:
that I may dwell in your house all the days of my life,

To behold your fair beauty, O God,
and to seek you in your temple.

For in the day of trouble you shall keep me safe in
your shelter;
you shall hide me in the secrecy of your dwelling
and set me high upon a rock.

Even now you lift up my head
above my enemies round about me.

Therefore I will offer in your dwelling an oblation
with sounds of great gladness;
I will sing and make music to you.

Hearken to my voice, O Most High, when I call;
have mercy on me and answer me.

You speak in my heart and say, "Seek my face."
Your face, O God, will I seek.

Hide not your face from me,
nor turn away your servant in displeasure.

You have been my helper;
cast me not away;
do not forsake me, O God of my salvation.

Though my father and my mother forsake me,
you will sustain me.

Show me your way, O God,
lead me on a level path, because of my enemies.

Deliver me not into the hand of my adversaries,
for false witnesses have risen up against me,
and also those who speak malice.

What if I had not believed
that I should see the goodness of my God
in the land of the living!

O tarry and await God's pleasure;
be strong, and let your heart take comfort;
wait patiently for God.

(This week's Psalm is from the St. Helena Psalter, used by permission.)

The Second Reading – The Epistle

Philippians 3:17-4:1

Brothers and sisters, my siblings in Christ, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our citizenship is in heaven, and it is from there that we are expecting a Savior, Jesus Christ. Christ will transform the body of our humiliation that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. Therefore, my brothers and sisters, my siblings, whom I love and long for, my joy and crown, stand firm in our God in this way, my beloved.

Lector Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Sequence Hymn

Please rise as you are comfortable

The Hymnal 1982, #675 – Take Up Your Cross, the Savior Said

1 Take up your cross, the Sa - vior said, if
2 Take up your cross, let not its weight fill
3 Take up your cross, heed not the shame, and
4 Take up your cross, then, in his strength, and
5 Take up your cross, and fol - low Christ, nor

1 you would my dis - ci - ple be; take up your cross with
2 your weak spi - rit with a - larm; his strength shall bear your
3 let your fool - ish heart be still; the Lord for you ac -
4 calm - ly ev - ery dan - ger brave: it guides you to a -
5 think till death to lay it down; for on - ly those who

1 will - ing heart, and hum - bly fol - low af - ter me.
2 spi - rit up, and brace your heart, and nerve your arm.
3 cept - ed death up - on a cross, on Cal - vary's hill.
4 bun - dant life and leads to vic - tory o'er the grave.
5 bear the cross may hope to wear the glo - rious crown.

Section: The Christian Life Title: Take up your cross, the Savior said Meter: LM Words: Charles William Everest (1814-1877), alt. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. John Leon Hooker (b. 1944)

The Gospel

Luke 13:31-35

Priest The Holy Gospel of our Savior Jesus Christ according to Luke
People **Glory to you, O Christ.**

Some Pharisees came and said to Jesus, "Get away from here, for Herod wants to kill you." Jesus said to them, "Go and tell that fox for me, 'Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is

impossible for a prophet to be killed outside of Jerusalem.' Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, 'Blessed is the one who comes in the name of God.'"

Priest The Gospel of Christ.
People Praise to you, O Christ.

Sermon

Priest-in-Charge

Statement of Faith

Intercessor

Please rise as you are comfortable as we proclaim our Statement of Faith.

We believe in God,
whose love is the source of all life and the desire of our lives,
whose love was given a human face in Jesus of Nazareth,
whose love was crucified by the evil that waits to enslave us all,
and whose love, defeating even death,
is our glorious promise of freedom.
Therefore, though we are sometimes fearful and full of doubt,
we put our trust in God;
and in the name of Jesus Christ we commit ourselves,
in the service of others,
to seek justice, and to live in peace;
to care for the earth,
and to share the commonwealth of God's goodness;

to live in the freedom of forgiveness,
and the power of the Spirit of love.
And in the company of the faithful we will be the church,
a community of flawed and forgiving disciples,
for the glory of God alone. Amen.

Statement of Faith adapted from the Iona Abbey Worship Book, ©2001, The Iona Community.

Prayers of the People

Intercessor In peace, we pray to you, O God.

Silence

Intercessor For all people in their daily life and work;
All **For our families, friends, and neighbors, and for those
who are alone.**

Intercessor For this community, the nation, and the world;
All **For all who work for justice, freedom, and peace.**

Intercessor For the just and proper use of your creation;
All **For the victims of hunger, fear, injustice, and
oppression.**

Intercessor For all who are in danger, sorrow, or any kind of
trouble;
All **For those who minister to the sick, the friendless, and
the needy.**

Intercessor For the peace and unity of the Church of God;
All **For all who proclaim the Gospel, and all who seek the
Truth.**

Intercessor For Sean, our Presiding Bishop, and Julia, our Diocesan Bishop; for all bishops and other ministers; and for the following churches of the Cape and Islands Deanery: St. Barnabas' Church, Falmouth, Christ Church, Harwich Port, Grace Church, Vineyard Haven; and for all churches in our diocese closed or merged.

All **For all who serve God in God's Church.**

Intercessor For the special needs and concerns of this congregation; and especially for Gary and Barry Koger, Robert Koger and Joyce Connolly, Charles and Mary Lou Montgomery, Kristin, Deb, David Murphy, David Tabors, the family of Mangok Bol and Thon, Magot, Ajoie, and Majuei Mach, Paul Friedman and Bernice Cramer, John McDargh, and Jacob and Leslie Cathers; and the Global Village Children's Project, the Centre Street Food Pantry, AA, and NewCity Church. Either silently or aloud, for whom and what else do we pray today? (*The People may add their own petitions.*)

Intercessor Hear us, O God;
All **For your mercy is great.**

Intercessor We thank you, O God, for all the blessings of this life. Either silently or aloud, for whom and what do we give thanks today? (*The People may add their own thanksgivings.*)

Intercessor We will exalt you, O God;
All **And praise your Name for ever and ever.**

Intercessor We pray for all who have died, that they may have a place in your eternal kingdom. Either silently or aloud, who else do we name and remember this day? (*The People may add their own names.*)

Intercessor O God, let your loving-kindness be upon them;
All **Who put their trust in you.**

Intercessor We pray those written prayers offered by our community this morning (*the intercessor reads aloud any written prayers submitted before our liturgy began this morning*).

Intercessor Hear us, O God;
All **For your mercy is great.**

Prayer for the Social Order (*BCP* p. 823)

Intercessor Together let us pray.
All **Grant, O God, that your holy and life-giving Spirit may so move every human heart, and especially the hearts of the people of this land, that barriers which divide us may crumble, suspicions disappear, and hatreds cease; that our divisions being healed, we may live in justice and peace; through Jesus Christ our Lord. Amen.**

Silence

Presider offers a collect.

The Peace

THE HOLY COMMUNION

Offertory Sentence

Offertory Anthem

Please rise as you are comfortable

Presider All things come of you, O God.

People **And of your own have we given you.**

You are invited to rise, sit, or kneel as you feel comfortable

The Great Thanksgiving – Eucharistic Prayer A

Presider God be with you.

People **And also with you.**

Presider Lift up your hearts.

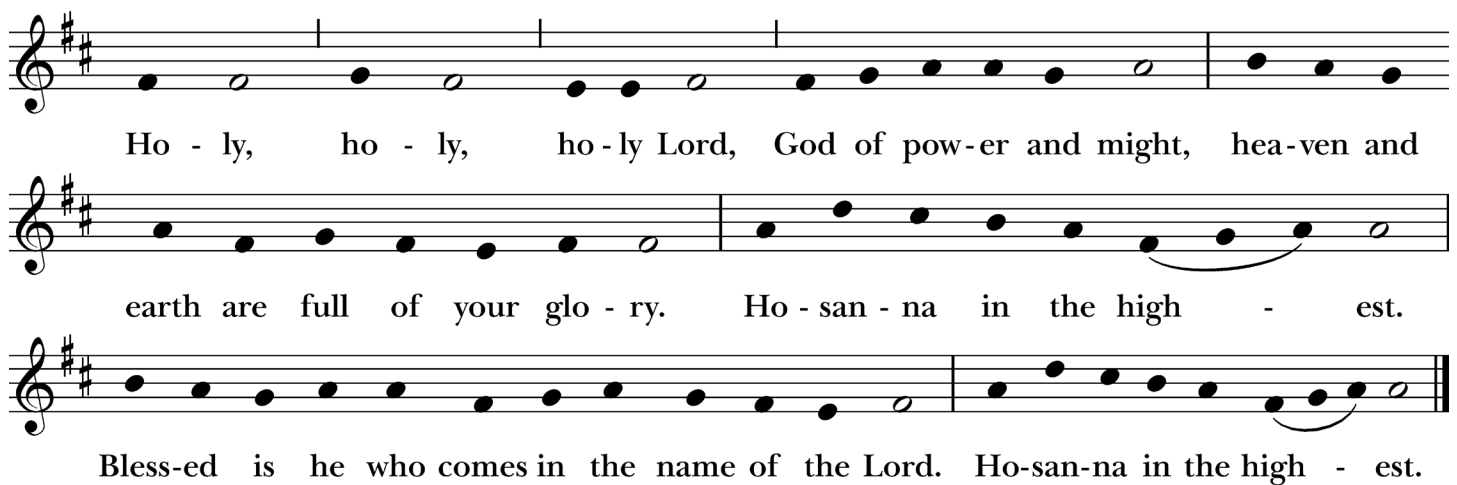
People **We lift them up to God.**

Presider Let us give thanks to God.

People **It is right to give God thanks and praise.**

Presider

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth. Through Jesus Christ our Savior, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:



Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

The Presider continues – you are invited to rise, sit, or kneel as you are comfortable
Holy and gracious God: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Creator of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Savior Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Christ has died.

Christ is risen.

Christ will come again.

Presider

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever.

All **AMEN.**

The Lord's Prayer

You are invited to say whatever version of the Lord's Prayer is meaningful for you today

Presider

As our savior Christ has taught us, we now pray

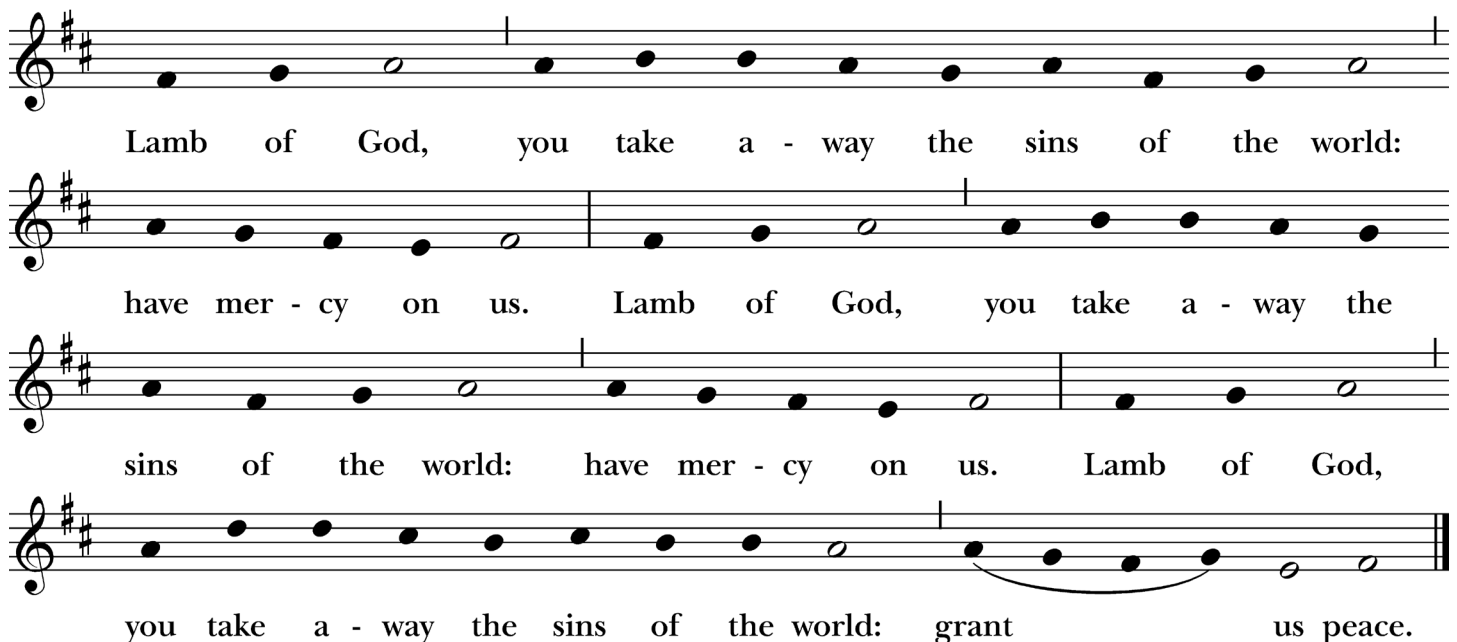
**Our God in heaven,
hallowed be your Name,**

your kindom come,
 your will be done,
 on earth as in heaven.
 Give us today our daily bread.
 Forgive us our sins
 as we forgive those
 who sin against us.
 Save us from the time of trial,
 and deliver us from evil.
 For the kindom, the power,
 and the glory are yours,
 now and for ever. Amen.

The Breaking of the Bread

Presider Christ our Passover is sacrificed for us;

People Therefore let us keep the feast.



Lamb of God, you take a - way the sins of the world:
 have mer - cy on us. Lamb of God, you take a - way the
 sins of the world: have mer - cy on us. Lamb of God,
 you take a - way the sins of the world: grant us peace.

Music: From *New Plainsong*; David Hurd (b. 1950). Copyright © 1981 GIA Publications, Inc.

Presider

These are the Gifts of God for the People of God. Take them in remembrance that Christ lived and loved, died, and rose for you, and feed on Christ in your hearts by faith, with thanksgiving.

Communion

Jesus says, "Come and see."

You are welcome at this Table, exactly as you are, because of who you are. If you feel called to the Table, please come forward to receive Communion.

At this time, the Parish of St. Paul offers a common cup as well as individual cups for receiving the consecrated wine. Please either take an individual cup (found on a front pew on the right as you approach the altar for communion) or indicate to the Lay Eucharistic Minister that you would like to receive from the common cup.

If you do not wish to receive the consecrated wine, please know that receiving the consecrated bread alone constitutes a full Communion.

If you do not wish to receive Communion, you are welcome to come forward for a blessing –

please cross your arms over your chest to indicate that you desire a blessing.

Prayer of Spiritual Communion


(This prayer of Spiritual Communion is said privately and is intended for individuals participating remotely, and for individuals who may not wish to receive Communion or a blessing.)

In union, O God, with your faithful people at every altar of your Church, where the Holy Eucharist is now being celebrated, I desire to offer to you praise and thanksgiving. And since I cannot receive you today in the sacrament of bread and wine, I ask you to come spiritually into my heart. Cleanse and strengthen me with your grace, and let me never be separated from you. May I live in you, and you in me, in this life and in the life to come. Amen.

Postcommunion Hymn

You are invited to stand, sit, or kneel as you are comfortable

LEVAS, #89 – My Jesus, I Love Thee



1. My Je - sus, I love thee, I know thou art mine,
2. I love thee be - cause thou hast first lov - ed me,
3. I'll love thee in life, I will love thee in death,
4. In man - sions of glo - ry and end - less de - light,



1. For thee all the fol - lies of sin I re - sign;
2. And pur - chased my par - don on Cal - va - ry's tree,
3. And praise thee as long as thou lend - est me breath;
4. I'll ev - er a - dore thee in heav - en so bright;



1. My gra - cious Re - deem - er, my Sav - ior are thou:____
2. I love thee for wear - ing the thorns on thy brow:____
3. And say when the death - dew lies cold on my brow,____
4. I'll sing with the glit - ter - ing crown on my brow,____

1. If ev - er I loved thee, my Je - sus, 'tis now.
 2. If ev - er I loved thee, my Je - sus, 'tis now.
 3. "If ev - er I loved thee, my Je - sus, 'tis now."
 4. "If ev - er I loved thee, my Je - sus, 'tis now."

Section: Jesus Christ our Lord Title: My Jesus, I Love Thee Words: William R. Featherstone (1846-1873) Music: Adoniram J. Gordon (1836-1895)

Postcommunion Prayer

You are invited to stand as you are comfortable

People and Presider

God of abundance,

you have fed us with the bread of life and cup of compassion.

You have united us with Christ,

and you have made us one with all peoples and creatures
 in heaven and on earth.

Now send us forth in the power of your Spirit,

that our lives may give birth to your love in the world,

and that we may continue to make our home in your life. Amen.

Lenten Prayer over the People for the Second Sunday in Lent

Presider

Keep this your family, O Beloved One, with your never-failing mercy,
 that relying solely on the help of your heavenly grace, they may be
 upheld by your divine protection; through Christ our God. **Amen.**

Processional Hymn

The Hymnal 1982, #448 – O Love, How Deep, How Broad, How High



1 O love, how deep, how broad, how high, how pass - ing
2 For us bap - tized, for us he bore his ho - ly
3 For us he prayed; for us he taught; for us his
4 For us to wick - ed hands be - trayed, scourged, mocked, in
5 For us he rose from death a - gain; for us he
6 All glo - ry to our Lord and God for love so



1 thought and fan - ta - sy, that God, the Son of
2 fast and hun - gered sore; for us temp - ta - tions
3 dai - ly works he wrought: by words and signs and
4 pur - ple robe ar - rayed, he bore the shame - ful
5 went on high to reign; for us he sent his
6 deep, so high, so broad; the Trin - i - ty whom



1 God, should take our mor - tal form for mor - tals' sake.
2 sharp he knew; for us the tempt - er ov - er - threw.
3 ac - tions, thus still seek - ing not him - self, but us.
4 cross and death; for us gave up his dy - ing breath.
5 Spi - rit here to guide, to strength - en, and to cheer.
6 we a - dore for ev - er and for ev - er - more.

Section: Jesus Christ our Lord Title: O love, how deep, how broad, how high Meter: LM Words: Latin, 15th cent.; tr. Benjamin Webb (1819-1885), alt. Music: *Deus tuorum militum*, from *Antiphoner*, 1753; adapt. *The English Hymnal*, 1906, alt.; harm. after Basil Harwood (1859-1949)

Announcements

Dismissal

You are invited to stand as you are comfortable

Presider Let us go forth in the name of Christ.

People Thanks be to God.



TODAY'S LITURGY

Participants

The Rev. Dr. Meghan T. Sweeney – Priest-in-Charge

Brenda Carter – Keyboardist

David Montgomery – Lector of First Reading and Leader of Psalm

Kathryn Anderson – Lector of Second Reading

Phil Whitbeck / Eliza Blay – Intercessor

Jack Blay / Eliza Blay – Lay Eucharistic Minister

Ellie Pandorf and Amy Trueblood – Altar Guild

Kim Koger – Usher/Attendance

David Montgomery and Vestry Member (tbd) – Counters

Adam Taylor – Tech

Front Cover Art

Valeska, Lette. The Promised Land, from **Art in the Christian Tradition**, a project of the Vanderbilt Divinity Library, Nashville, TN. <https://diglib.library.vanderbilt.edu/act-imagelink.pl?RC=57433> [retrieved March 11, 2025]. Original source: https://commons.wikimedia.org/wiki/File:The_Promised_Land.jpg.

PRAYERS

In Our Diocesan Cycle Of Prayer:

For the Episcopal Church; for Sean Rowe, our Presiding Bishop, and Julia Whitworth, our Diocesan Bishop; and for the following churches of the Cape & Islands Deanery: St. Barnabas' Church, Falmouth, Christ Church, Harwich Port, Grace Church, Vineyard Haven; and for all churches in the Diocese closed or merged.

Parish Prayer List – Prayers are Requested for:

Gary and Barry Koger, Robert Koger and Joyce Connolly, Charles and Mary Lou Montgomery, Kristin, Deb, David Murphy, David Tabors, the family of Mangok Bol and Thon, Magot, Ajoie, and Majuei Mach, Paul Friedman and Bernice Cramer, John McDargh, and Jacob and Leslie Cathers; and for the

Global Village Children's Project, the Centre Street Food Pantry, AA, and NewCity Church.

(To add a name to the prayer list, please contact Lise at office@parishofstpaul.org or Rev. Meghan, or use the QR code below.)



KEEPING A HOLY LENT

This Lent, the parish is invited to engage the Lenten meditation, *A Commonplace Lent*, from Episcopal Relief and Development. You can sign up to receive the daily meditations. Each week short reflection questions from this study will also be included in the parish bulletin.



Join Episcopal Relief & Development in exploring A Commonplace Lent

Episcopal Relief & Development is blessed by the opportunity to join readers on their spiritual journeys with thought-provoking Lenten Meditations. During the 2025 Lenten season, we will explore what we share in common: spiritual practices, worship, service and faith. Written by Jerusalem Jackson Greer, our 2025 Lenten Meditations also remind us of how to look—and find—God in the ordinary, everyday aspects of life. Episcopal Relief & Development is committed to “Working Together for Lasting Change.” Each day, these meditations offer insight and inspiration for ways we can share in this bold mission and in our common path to be faithful disciples of Christ.

Visit episcopalrelief.org/Lent or scan the QR code to subscribe to daily emails, download a PDF, read the meditations and access a Group Study Guide to reflect on the meditations with others.



Episcopal
Relief & Development

Monday, March 17 This is the advice from one who loves you; welcome it and faithfully put it into practice. —The Rule of Benedict, *Prologue*

For Reflection: Do you have a Rule of Life? Does your family or church? How could having a Rule change the common life of one of your communities?

Tuesday, March 18 Find out how much God has given you and from it take what you need; the remainder is needed by others. —Saint Augustine

For Reflection: Do you or your church struggle with being distracted by the “if only” question? Try keeping a list of the gifts you already have for a month and invite the Holy Spirit to reveal where there is abundance. Want to go deeper? Check out the Called to Transformation resources at calledtotransformation.org

Wednesday, March 19 Abba Moses asks Abba Silvanus, “Can a man lay a new foundation every day?” The old man said, “If he works hard, he can lay a new foundation at every moment.” —Silvanus

For Reflection: Who or what helps you build a foundation when you are struggling to serve Christ in all persons?

Thursday, March 20 It is the responsibility of the abbot or prioress to have great concern and to act with all speed, discernment, and diligence...they should realize they have undertaken care of the sick, not tyranny over the healthy. —The Rule of Benedict

For Reflection: Who or what in your life or community needs to rest? Is it a habit, a person or a program? Who or what needs to be allowed to stop so that regeneration can begin its holy work?

Friday, March 21 Openness to the working of the Spirit in both individual and in community is vital, life-giving. Without it, there will be a closed-up person, a closed-up community. —Esther De Waal, *A Life-Giving Way*

For Reflection: Consider your prayers or your community’s prayers for growth. Have you predetermined what growth looks like? Or do you need to be reoriented to where the Holy Spirit is already at work?

Saturday, March 22 When we live in community, let us choose obedience over discipline, for the latter teaches arrogance while the former calls for humility. —Syncletica

For Reflection: Where could you begin to listen more and punish or criticize less? How might it change the relationship or communal experience?

ANNOUNCEMENTS

On April 6, Sunday Liturgy Moving to 10am!

POSP has entered into an arrangement with NewCity Church: **Beginning on Sunday, April 6, the Sunday morning St. Paul's liturgy will begin at 10am**, and NewCity will begin their worship service at 12:30pm (with their set-up beginning at 11:45am). This arrangement will allow the POSP choir to rehearse in the sanctuary and should ease parking challenges, as well as give us ample time for our typical coffee hours. Many thanks to all of you for completing the survey about timing, and to NewCity Church for working with us in what is hopefully a mutually-beneficial arrangement.

Prayer Circle

Beginning in Lent, we will have a prayer circle that will meet monthly on Zoom from 7:30 – 8:30pm. In April it will meet on Tuesday, April 8. A dedicated Zoom link will be created. More information forthcoming.

Vestry Mutual Ministry Review

On March 8, your vestry and priest-in-charge gathered on Zoom to undertake a mutual ministry review, facilitated by the Rev. Canon Greg Perez, with the purpose of checking in about the past few months since Rev. Meghan arrived, and, very significantly, to articulate short and long-term goals for the parish. At its upcoming vestry meeting on March 19, the vestry will review the conversation and create some short and long term goals.

Receive the Parish Newsletter!

The newsletter is sent about once per week (occasionally more often if there is a pressing notice, for example, of snow cancellation, etc.). The newsletter contains reflections from parishioners, and *lots* of information and announcements about our diocese, the greater church, and other goings-on in and around town and in the world, that are not printed in this bulletin.

Scan to access
this week's newsletter



Scan to sign up to
receive the newsletter



Pastoral Care

If you desire pastoral care for a particular need, please be in contact with Rev. Meghan. It could be as simple as a private prayer request emailed to her, or an in-person conversation about something of concern.

Can Redemption Volunteers

Volunteers sought to assist with can redemption for the Plenty ministry. Please connect with Christopher Gruener or speak with Rev. Meghan if you can assist.



Staff and Office Hours

Priest-in-Charge: The Rev. Dr. Meghan T. Sweeney – meghan@parishofstpaul.org. Office Hours: In-Person, usually on Wednesday, 9am -1pm and by appointment (please email Rev. Meghan directly if you would like to make an appointment).

Parish Administrator: Lise Brody – office@parishofstpaul.org.
Office Hours: Tuesday, Wednesday, Thursday 9am-1pm

Vestry

If you have any questions, comments, or concerns, please feel free to be in touch with your vestry

Priest-in-Charge: The Rev. Dr. Meghan T. Sweeney
Co-Warden: Kim Koger, mkskoger5@gmail.com
Co-Warden: David Montgomery, dmontgomery@montlegal.com
Treasurer: Richard Pearce, Richard@northinfo.com
Clerk: Bernice Cramer, bernicecramer@gmail.com
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